Re-entry Plan Following Student Hospitalization (Sample)

Students need considerable support and monitoring during the first several months they are back at school, during any school crisis, or near the anniversary of their attempt or mental health crisis. **A student is at increased risk of attempting suicide in the days and weeks immediately following discharge from the hospital.**

Key steps to be taken:

1. Assign a staff member to be the liaison for the student’s care between teachers, parents and outside professionals.
   1. The liaison should become familiar with how the student’s risk was identified, what precipitated the high-risk status/attempt and any medication the student is taking.
   2. The liaison should be the primary link to the parents and maintain regular contact with the family.
2. Hold a re-entry meeting with parents, student and treating hospital representative (when available), and student liaison.
3. Review/educate classroom teachers on the warning signs of another suicide crisis.
4. Exchange release of information for any outside providers and determine a communication schedule.
5. Review and/or develop a safety plan.
6. Review and/or develop an intervention plan with the following components:
   1. Establish a plan for a minimum of weekly communication with parents.
   2. Establish a progress monitoring plan.
   3. During the first week a student returns to school, risk monitoring should occur daily.
   4. Establish the time and intensity of school-based supports (ex. no less than 1x/wk).